One-day
Capacity Building Programme on
Transformational Leadership for Enhancing Work-Life Integration
February 7, 2025

About BSSS IAS

The BSSS Institute of Advanced Studies (BSSS IAS), an AICTE approved institution, is engaged in education, research, training, and consultancy activities in the areas of management, sustainable development, rural development, social sciences, etc. It strives to provide a comprehensive platform for growth and empower individuals to thrive in their respective fields. It is one of the best professional management institutions engaged in multidisciplinary activities. It has collaborated with Assumption University, Thailand, and Synergy University, Russia, for joint research, training, and management education. The Institute envisions to emerge as a top Professional Management Institution in Central India by playing a pivotal role in professional management education in the coming years and adorning a path with an undivided focus on quality education and excellence, thereby placing itself as an institution of national and international importance. Its excellent infrastructure provides an environment conducive to academic activities, professional deliberations, and social interactions.

BSSS IAS has a strong portfolio of multidisciplinary faculties, experience in national and international consultations and training. As part of the Executive Training programme, we have proposed many Management Development Programmes focused on increasing managerial business skills and leadership capabilities of managers who aspire to be among the top leaders in their organizations. BSSS IAS is organizing a series of training programmes for corporates and also for govt. employees.

Campus

The Institute has a sprawling lush green campus located in the Central place of Bhopal city. The building complex includes the Academic-Complex, Library, Computer Centre, Hostel, Fully Air-Conditioned Cafeteria, Administration and Accounts wings. The Academic Complex includes fully air-conditioned hi-tech classrooms, Seminar Halls equipped with video conferencing facilities and a Faculty Block. This world-class infrastructure provides an environment conducive to academic activities, professional deliberations and social interactions.

Introduction

In today's dynamic work environment, achieving a balance between professional responsibilities and personal well-being has become increasingly challenging. The Capacity Building Programme on "Transformational Leadership for Enhancing Work-Life Integration" aimed at equipping professionals with the necessary skills to foster a healthy work-life balance while enhancing leadership effectiveness exclusively for the leadership team of the academic institutions.

Objectives

The programme has been designed to meet the following objectives:

- Develop transformational leadership skills that promote work-life balance.
- Foster a culture of well-being and productivity in the workplace.
- Provide tools and strategies for effective time management and stress reduction.
- Enhance decision-making and emotional intelligence for holistic professional and personal growth.

Programme Components

The programme will cover topics like -

- Understanding tenets, principles, and attributes of transformational leadership
- Impact of leadership on work-life balance
- Strategies for prioritization and delegation
- Overcoming productivity barriers
- Self-awareness and self-regulation techniques
- Building resilience and managing stress
- Promoting a culture of inclusivity and work-life integration
- Best practices for sustaining long-term well-being

Who should participate

The programme is designed for participation by the College Principals, Vice Principals, and Heads of Departments.

No Registration Fees

Certificates will be issued to participants who have attended the complete programme. Programme includes – Study material, Working Lunch and Tea.

Duration
One day (9:30 AM – 5:00 PM)

Day & Date
Friday, 07th February 2025

For further details, please contact:
Dr Pooja Gupta
Chairperson – MDP
drpoojagupta@bsssias.ac.in
info@bsssias.ac.in
Phone No: +91 (0755) 2921781 (Extn: 221).
Mobile No: +91 9752502408

To register
scan QR

E-6, Arera Colony, Danapani Road, Bhopal, M.P.

+91 (0755) 2921781
+91 (0) 7223035813

edp@bsssias.ac.in
info@bsssias.ac.in

VISIT NOW
www.bsssias.ac.in